Short CV

AMALIA YANNI, PhD

Teaching and Research Associate



Amalia Yanni is Teaching and Research Associate in the Laboratory of Chemistry-Biochemistry-Physical Chemistry of Foods at the Department of Nutrition and Dietetics of Harokopio University of Athens, Greece.

She graduated from the Department of Chemistry of the Aristotle University of Thessaloniki, Greece (1996) and obtained her PhD from the Medical School of the National and Kapodistrian University of Athens (2002). Her current research interests are focused on foods, nutrition and health, food bioactive compounds and functional foods development for metabolic disorders. She has organized a large number of dietary interventions in humans (clinical studies) and animals (experimental studies). She has 27 publications in peer-reviewed journals, more than 40 conference proceedings and 2 patents (citations > 700, h-index: 11). She has participated in research projects funded by the EU, National Grants and Food Industry, as Principal Investigator or as member of the research team.

Research topics and keywords: Foods, nutrition and health, functional foods, food bioactive compounds, nutrition and metabolism